



2018/2019 WINTER SCHOOL

DATES: October 1, 2018 – March 24, 2019

Patti Somer
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General Information

- There will be **NO** registrations accepted by phone. Register at: www.skatereddeer.com
- If you wish to make changes to your skating times after you have registered please call the Administrator.
- Please note: a **\$50.00 late registration fee** will be automatically be applied to your account after September 22nd.
- The Executive has chosen **NOT** to change the fees for the season although we will miss a few skates due to the Canada Winter Games. Fees have not been raised for 3 seasons. We have other new free programs.
- The Club requests that each family sell a minimum of one book of raffle tickets.
- Session fees cover: Stroking, ice fees, Off Ice, Skate Canada membership, Sport Psych and Admin costs.

*****The Red Deer Skating Club reserves the right to cancel or change all scheduled times and programs. Throughout the skating season, unexpected ice cancellations will occur. There will be no refunds.**

Fees

Minimum Package: \$600.00 for 2 sessions per week for the season.

Basic Package: \$750.00 for 3 sessions per week for the season.

Additional Ice: \$125.00 for all extra sessions purchased after your 3rd session for the entire season.

Associate Member: \$300.00 for one hour each week for the entire season. (Please contact the Administrator)

Skating Session and Levels

- Monday to Friday sessions are at the Kinsmen Arenas: 5 McIntosh Ave, Red Deer, AB
Skaters may do freeskate, skills, or dance on their session.
- **JUNIOR SKATERS** are skaters who are working on their Preliminary Freeskate or working on their Junior Bronze Freeskate tests.
- **INTERMEDIATE SKATERS** are skaters who have passed their Preliminary Freeskate and are working on their Junior Bronze Freeskate or Sr. Bronze Freeskate test.
- **SENIOR SKATERS** are skaters working on their Senior Bronze Freeskate test.
- **PRESTARSKATE SKATERS** are Junior Skaters working in a group lesson.

Professional Coaching Staff

The following coaches are under contract with The Red Deer Skating Club. Skaters are required to contact the coaches directly to book lesson times. Please talk with your coach about appropriate times and levels before sending your registration form in.

TAMMIE PAUL
NCCP Level III
Coaching Since: 1977
Rate: \$15.00
Phone:(403)506-3531
skatetammie@telus.net

LANA BELLMORE
NCCP LEVEL II
Coaching Since: 1991
Rate: \$12.00
Phone: (403)506-1880
lanabellmore@gmail.com

PATTI SOMER
NCCP LEVEL III
Coaching Since: 1984
Rate: \$13.00
Phone: (403)396-3964
pattisomer@gmail.com

JESSICA MACKAY
NCCP LEVEL II
Coaching Since: 2014
Rate: \$ 10.00
Phone: (780) 999-4192
jess.sergeant@hotmail.com

Refund/Cancellation Policy

Refunds will be considered on a half season basis. You must contact the administrator if you are not going to be skating for an extended period (6 weeks or more) and wish a refund. 20% of total registration fee will be retained for any cancellation except for injury & with a Dr's certificate. No refunds except with a Dr's certificate.

Drop In Ice

Skaters are welcome to pick up ice on a drop-in basis as long as the session is not full. A sign-up sheet will be posted at the rink, please check that the session you want to skate on is not already full. Please sign up BEFORE you go onto the ice. A minimum of a 1/2 hour will be posted to your account. Cost is \$16.00 per hour for members and \$21.00 per hour for non-members.

Make Up Ice (NEW)

A skater may make up a session they missed on another day. To do this you must email the Club Administrator to notify the club of the change and CC your Coach on the email, prior to skating on the session. The session you are switching to must not be full. It needs to be noted that you are a guest on that session. All sessions must be made up within the season that they were missed. I.e: spring school sessions can only be made up during spring school. Do not expect to make up ice; upon request the Club may accommodate you.

Associate Members

Associate members are skaters who are registered in another club and wish to skate in Red Deer on a weekly basis for additional practice or coaching purposes. The cost for an Associate Member is \$300.00 for each session purchased. You will get that session every week for the entire season. Associate members **must** contact the administrator before they begin skating. **DO NOT** register on line for this program!

Test Days

Test days have been requested for December and March. There will be no refunds for any sessions missed due the test day.

Off Ice

Off Ice (dryland training) will be offered. The cost of this program will be covered in your registration fees and will be offered free to all Starskater's. These classes will be at Annie L. Gaetz School Tuesdays and Thursdays from 630-730pm. Please bring a yoga mat and runners.

Sports Psychology Class

This class will be offered for free to club members, two Wednesdays a month at 730-830pm in the upstairs meeting room at the Kinsmen Arena. It's for Starskaters ages 10 and up. They will learn about focus, positive self-talk and how to train. These are very good life skills.

Volunteer Commitment

The Club requires every member to either: volunteer and earn 8 credits or to pay a \$100.00 commitment fee. You will see the buy-out option as you are registering. When you register your child for skating you will need to select a volunteer position so that your registration will process. Please review the following options prior to registration; credit information is on the website in more detail:

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|-----------------------|-----------------------------|-----------------------|
| Executive Position | Bingo Worker | Low Test Ice Captain |
| Canskate Welcome Desk | Picture Day Helper | Competition Volunteer |
| High Test Ice Captain | High Test Registration Desk | |

Fundraising Commitment

The Red Deer Skating Club requests that each family sell a minimum of one book of raffle tickets.

2018/2019 Red Deer Skating Club Executive

President	Lana Marchinko
Vice President	Trisha Kelly
Past President	Jenn Macleod
Secretary/Treasurer	Tracy Brehmer
Competition/Media Chairperson	Andrea Phagoo
Gaming Chairperson	Karen Busch
Test Chairperson	Danette Thompson
Assistant Test Chairperson	Amber Cooke
PreStarskate Chairperson	Lisa Denton
Special Events Chairperson	Jennifer Bickell
Coaches Representative	Lana Bellmore

The Red Deer Skating Club is a volunteer organization. The people serving on the Executive graciously donate their time and talents so that all children may have the opportunity to skate in the club. All parents are welcome to be a part of the executive. Contact any one of our directors for information.



Ice Schedule

Monday	Kin City A	4:00 – 4:45pm	JUNIOR/PRESTAR*	Session 1
		4:45 – 5:00pm	JUNIOR STROKING**	
		5:00 – 6:00pm	OPEN SKATING	Session 2
		6:00 – 6:15pm	INT/SR STROKING	
		6:15 – 6:30pm	FLOOD	
		6:30 – 7:30pm	INT/SR SKATING	Session 3
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Tuesday	Kin City A	4:00 – 5:00pm	OPEN SKATING	Session 4
		5:00 – 5:15pm	OPEN STROKING	
		5:15 – 6:15pm	OPEN SKATING	Session 5
		6:30 – 7:30pm	OFF ICE	Annie L. Gaetz School
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Wednesday	Kin City A	4:00 – 4:45pm	JUNIOR/PRESTAR*	Session 6
		4:45 – 5:00pm	JUNIOR STROKING**	
		5:00 – 5:45pm	OPEN SKATING***	Session 7
		5:45 – 6:00pm	INT/SR STROKING	
		6:00 – 6:15pm	FLOOD	
		6:15 – 7:15pm	INT/SR SKATING	Session 8
		7:30 – 8:30pm	SPORTS PSYCHOLOGY	Kinsmen Meeting Room
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Thursday	Kin City A	4:00 – 5:00pm	OPEN SKATING	Session 9
		5:00 – 5:15pm	OPEN STROKING	
		5:00 – 6:15pm	OPEN SKATING	Session 10
		6:30 – 7:30pm	OFF ICE	Annie L. Gaetz School
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Friday	Kin City A	4:00 – 5:00pm	OPEN SKATING	Session 11
		5:00 – 5:15pm	OPEN STROKING	
		5:15 – 6:15pm	OPEN SKATING	Session 12

* **PRESTARSKATE will be ice sharing with the JR SKATING session.** Numbers are limited on this session.

** There will be a stroking session on Monday through Friday. The cost of coaching fees for stroking is included in your registration fee. All skaters must take part in the stroking sessions.

***We plan to have 15 more minutes to skate this day (Wednesdays). The schedule will be the same as Monday. We are currently waiting for confirmation from the city for this schedule change.

NOTES:

Special skating days and cancelled skating days information will be handed out on the first day of skating once all the dates are finalized. Due to the Canada Winter Games there are on-going changes.

NO SKATING:

Friday October 5th

Monday October 8th

December 22nd – January 6th, 2019

Friday January 19th

February 12th – March 3rd, 2019 (we are currently working on other arrangements for ice time)