## **SKATE CANADA: ALBERTA-NWT/NUNAVUT OUTBREAK PROCEDURE SAMPLE**

The purpose of the Outbreak protocol is to provide clubs and skating schools in the Section with a framework to follow for effective control measures.

*Please note: This template may be altered and will vary by facility*

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak.

A “participant” includes a club or skating school employee, coach, choreographer, volunteer, official, skater or parent / spectator.

**An “outbreak” is two or more cases; a “case” is a single case of COVID-19.**

1. Identify the roles and responsibilities of club and facility staff or volunteers if a case or outbreak is reported. Determine who within the organization and facility has the authority to modify, restrict, postpone or cancel activities
2. If a participant reports they are suspected or confirmed to have COVID-19 and have been at the facility, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away
   1. Advise individuals to:
      1. Self-isolate
      2. Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite
      3. The Participant will not be permitted to return to the facility until they are free of the COVID- 19 virus as verified by a medical professional.
      4. Use the [Alberta Health COVID-19 self-assessment tool](https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx) to help determine if further assessment or testing for COVID-19 is needed

Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency  
Individuals can learn more about symptoms and how to manage a patient at home by accessing the following Alberta Health Services links:

<https://www.albertahealthservices.ca/topics/Page17026.aspx>

<https://www.albertahealthservices.ca/topics/Page16997.aspx#sign>

1. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.

If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.