



SKATECANADA
RED DEER SKATING CLUB

2023 FALL SCHOOL

SEPTEMBER 4 -29, 2023

Patti Somer – Club Administrator
Phone : (403) 358-1701
Email: skatereddeer@hotmail.com
Web: www.skatereddeer.com

General Information

- All registration done on-line at: skatereddeer.com
- Maximum of 20 skaters are allowed on each session.
- There will be a **\$25.00 late registration fee** after August 21st.
- Drop In is allowed for registered skaters. The fee is \$20/session. Please email the club and your coach 24 hours prior to the session to request to be signed up then wait for the reply to confirm there is room.
- Simulation: Friday September 15th from 3-4pm at the Dawe and September 22nd from 1130-1pm at the Collicutt.
- There is no Prestarskate this season.

Skating Sessions

- Sessions are at the DAWE South Arena: 54 Holt Street and COLLICUTT Arena 3031 30th Avenue.
- Skaters may do freeskate, skills, or dance on their session.
- Sessions are purchased by the session, not the amount of time your skater will be skating.

Parent Information Session

- Meet the coaches and your club executive.
- There will be a lot of information and door prizes.
- Date and time TBA

Program Assistant Training

- Program Assistants help the coaches on the Canskate classes. They are held Tuesday, Thursday or Saturday. You will be paid a small gratuity in the form of a Bower Mall gift card. You Must be 10 years of age or older. Please contact Jess to sign up: jess.sergeant@hotmail.com
- We will have Program Assistants training On Wednesday September 27th from 615-8pm at the Dawe Center. You will need your skates. Supper will be provided.
- **ALL** Program Assistants MUST attend training.

Dryland Training

FIT & FLEX Class- Tuesday and Thursday at 615-715pm in the North Warm Up room.

Human Performance

Psyched 2 Perform – Wednesday September 6th from 615-715pm.

Winter Skating

- The winter skating season starts October 2nd. Registration will open in early August.

Professional Coaching Staff

The following coaches are under contract with The Red Deer Skating Club. Skaters are required to contact the coaches directly to book lesson times. Please talk with your coach about appropriate times before sending your registration form in.

Patti Somer

National Coach Certified
Coaching Since: 1982
Rate: \$13.00
Phone: (403) 396-3964
pattisomer@gmail.com

Lana Bellmore

Provincial Coach Certified
Coaching Since: 1991
Rate: \$12.00
Phone: (403) 506-1880
lanabellmore@gmail.com

Jessica Mackay

Provincial Coach Certified
Coaching Since: 2014
Rate: \$11.00/15 min
Phone: (780) 999-4192
jess.sergeant@hotmail.com

Jennifer Shigematsu

Regional Coach Certified
Coaching Since: 1993
Rate: \$ 11.50/15 min
Phone: (780) 385-0222
mjmk@live.ca

Morgan Rattai

Provincial Coach Certified
Coaching Since: 2002
Rate: \$ 11.00/15min
Phone: (780) 298-3258
morganrattai@outlook.com

Fees:

Mondays	Session #1	4:00-5:00PM	Sep 11, 18, 25	\$45.00	Dawe Center
Mondays	Session #2	5:00-6:00PM	Sep 11, 18, 25	\$45.00	Dawe Center
Tuesdays	Session #3	4:00-5:00PM	Sep 5, 12, 19, 26	\$60.00	Dawe Center
Tuesdays	Session #4	5:00-6:00PM	Sep 5, 12, 19, 26	\$60.00	Dawe Center
Wednesdays	Session #5	4:00-5:00PM	Sep 6, 13, 20, 27	\$60.00	Dawe Center
Wednesdays	Session #6	5:00-6:00PM	Sep 6, 13, 20, 27	\$60.00	Dawe Center
Thursdays	Session #7	4:00-5:00PM	Sep 7, 14, 21, 28	\$60.00	Dawe Center
Thursdays	Session #8	5:00-6:00PM	Sep 7, 14, 21, 28	\$60.00	Dawe Center
Fridays	Session #9	12:00PM-1:00PM	Sep 8, 15, 22, 29	\$60.00	Collicutt Center
Fridays	Session #10	4:00-5:00PM	Sep 8, 15, 22, 29	\$60.00	Dawe Center
Fridays	Session #11	5:00-6:00PM	Sep 8, 15, 22, 29	\$60.00	Dawe Center

*****The Red Deer Skating Club reserves the right to change the schedule.**