



SKATECANADA
RED DEER SKATING CLUB

2022 FALL SCHOOL

AUGUST 29 – SEPTEMBER 29, 2022

Patti Somer – Club Administrator
Phone : (403) 358-1701
Email: skatereddeer@hotmail.com
Web: www.skatereddeer.com

General Information

- All registration done on-line at: skatereddeer.com
- Maximum of 20 skaters are allowed on each session.
- There will be a **\$25.00 late registration fee** after August 21st.
- Drop In is allowed for registered skaters. The fee is \$20/session. Please email the club and your coach 24 hours prior to the session to request to be signed up then wait for the reply to confirm there is room.
- September 30th is now a stat holiday. There will be no skating that day.

Skating Sessions

- Sessions are at the KINSMEN A Arena: 5 McIntosh Avenue and COLLICUTT CENTER 3031 30th Avenue.
- Skaters may do freeskate, skills, or dance on their session.
- Sessions are purchased by the session, not the amount of time your skater will be skating.

Parent Information Session – WEDNESDAY, SEPTEMBER 21st AT 7PM ON ZOOM

- Meet the coaches and your club executive.
- There will be a lot of information and door prizes.

Program Assistant Training

- Program Assistants help the coaches on the Canskate classes. They are held Tuesday, Thursday or Saturday. You will be paid a small gratuity in the form of a Bower Mall gift card. You Must be 10 years of age or older. Please contact Jess to sign up: jess.sergeant@hotmail.com
- Program Assistants training is on Tuesday, September 27th from 445-645pm at the Kinsmen Arena. You will need your skates. Supper will be provided.
- **ALL** Program Assistants MUST attend training.

Dryland Training

FIT & FLEX Class- Tuesday and Thursday at 615-715pm in the Studio.

Sports Psychology

Focus – Wednesday September 7 from 615-7pm

Psyched to Perform – Wednesday September 14 from 615-715pm

Winter Skating

- The winter skating season starts October 3rd. Registration will open in mid- July.

Professional Coaching Staff

The following coaches are under contract with The Red Deer Skating Club. Skaters are required to contact the coaches directly to book lesson times. Please talk with your coach about appropriate times before sending your registration form in.

Patti Somer

National Coach Certified
Coaching Since: 1984
Rate: \$13.00
Phone: (403) 396-3964
pattisomer@gmail.com

Lana Bellmore

Provincial Coach Certified
Coaching Since: 1991
Rate: \$12.00
Phone: (403) 506-1880
lanabellmore@gmail.com

Jessica Mackay

Provincial Coach Certified
Coaching Since: 2014
Rate: \$11.00
Phone: (780) 999-4192
jess.sergeant@hotmail.com

Jennifer Shigematsu

Regional Coach Certified
Coaching Since: 1993
Rate: \$ 11.50
Phone: (780) 385-0222
mjmk@live.ca

Fees:

Mondays	Session #1	4:00-5:00PM	Aug 29 Sep 12, 19, 26	\$60.00
Mondays	Session #2	5:00-6:00PM	Aug 29 Sep 12, 19, 26	\$60.00
Tuesdays	Session #3	4:00-5:00PM	Aug 30 Sep 6, 13, 20, 27	\$75.00
Tuesdays	Session #4	5:00-6:00PM	Aug 30 Sep 6, 13, 20, 27	\$75.00
Wednesdays	Session #5	4:00-5:00PM	Aug 31 Sep 7, 14, 21, 28	\$75.00
Wednesdays	Session #6	5:00-6:00PM	Aug 31 Sep 7, 14, 21, 28	\$75.00
Thursdays	Session #7	4:00-5:00PM	Sep 1, 8, 15, 22, 29	\$75.00
Thursdays	Session #8	5:00-6:00PM	Sep 1, 8, 15, 22, 29	\$75.00
Fridays	Session #9	11:45PM-12:45PM	Sep 2, 9, 16, 23	\$60.00
Fridays	Session #10	4:00-5:00PM	Sep 2, 9, 16, 23	\$60.00
Fridays	Session #11	5:00-6:00PM	Sep 2, 9, 16, 23	\$60.00

*****The Red Deer Skating Club reserves the right to change the schedule.**